

Catholic Confirmation Names

By a Catholic Mother on StAnne's Helper.com

Why choose a saint's name?

Catholic Confirmation names say something about the persons who choose the names. Choose the names of Catholic saints that appeal to you, inspire you, or resemble some aspect of your life.

Confirmation strengthens us in final perseverance, meaning that it's an awesome help toward getting to Heaven. Choose a saint's name gives us another patron to help us on our journey.

Choosing Catholic Confirmation Names

If you're a student and suddenly the Sister in your Catholic Confirmation class asks, "Which patron saints have you considered for your Confirmation name?" Or, "Please write a report on your patron saint for Confirmation. "

How do you begin? Pray first. Prayer helps any project. Remember, God gives the increase!

Ask your parents which Catholic saints they think will be best for you. Frequently they will remember that you might have mentioned a favourite saint when you were younger or that you had a favourite statue or image that you were interested in the story that went with it. Grandparents, Godparents, relatives and friends might say which saint they think remind them of you.

Read the short stories in the Catholic Encyclopedia or Butler's Lives Of The Saints. Then find appropriate books if you are required to write a long report. If you're a parent, I really recommend having your children study the saint's lives during the year or more before their Confirmation year when you're choosing Catholic Confirmation names. It does not take a great deal of study.

Your local Catholic schools should have an abundance of books and **your librarian can be helpful in finding the books.**

I really liked using a **picture** book of saints when my children are young. That way I can see the virtue that the child could benefit by having and the child can see much of the story at a glance. The short stories usually tell the main points that a young child would need to know.

Name: _____ Date: _____

Ideas for Catholic Confirmation Names

We suggest reading a list of Roman Catholic saints as a place to start.

Even for adults, a child's book of saints can be a great way to get to know the main story about many saints so that you have more saints to choose for your Confirmation name. These are ideas to find a saint who has:

- The virtue that is opposite your main fault.
- The virtue that you admire most in others.
- The story you identify with most in other ways.
- The feast day of your Confirmation day (or birthday).

It is also good to listen to what your parents or teachers recommend because they might be more familiar with the lives of the saints and their virtues; and they know you well enough to make good suggestions.

Some Saints I Want to Imitate

